

TEES LDS & TEES SBH 2016

SAFETY INSTRUCTIONS FOR ALL COMPETITORS

See associated map

Tees LDS and SBH recognises the importance of safety at their event and has prepared the following notes to inform competitors and officials of the essential safety information to allow the event to be completed safely. All competitors must read the notes. For clarification, consult the event Safety Adviser.

1. The Race follows the guidance of British Rowing RowSafe. Competing clubs are reminded that it is their responsibility to be familiar with and to comply with the requirements of the code.
2. Safety decisions such as modifying the event, cancellation, termination or suspension of racing, may be taken by the Race Committee, Chief Umpire, Safety Adviser or Event Secretary after discussion with the others (if available); other responsible persons may be consulted.
3. Clubs must ensure that all their boats competing in the event comply with RowSafe, in particular safe and secure bow balls, heel restraints and buoyancy aids (if fitted). Any boat may be inspected.
4. All coxswains must wear lifejackets of an approved type and be suitably dressed for the prevailing conditions.
5. The riverboat, the Teesside Princess, may travel through the start area just prior to each race. Do not perform any turning manoeuvres whilst she moves through the start area.
6. The course has a number of permanent obstructions over the final 2200m, including bridge piers, moored boats and buoys used to mark lanes over the final section. Competitors are instructed to ensure that they are familiar with the positioning of moored boats and bridge piers prior to the race and to ensure that they steer their boats to clear these obstructions (see item 8).
7. Crews being overtaken must give way to faster crews by moving to the side of the river.
8. Competitors should use the **CENTRE ARCH of EVERY BRIDGE**. Shortly after the replica masted ship, they should **keep to the Stockton (left and wider) side of the footbridge pier**.
9. If an incident occurs during the race, competitors should ensure that the incident is made known to a Safety Launch or Race Monitor. If necessary, crews should stop racing to provide assistance.
10. After finishing, all Competitors must proceed 100m past the Finish, before stopping in order that the finish area is kept clear.
11. The Race Control is the co-ordination point for any emergency. Phone contact can be made to Race Control by any Umpire or Race Monitor and from the Safety Launches. If emergency services are called directly, please inform Race Control.
12. There are Safety Launches that are in phone contact with Race Control. If there is a need for any launch to attend an emergency, then the Helmsman in charge will immediately stop any other activity and proceed rapidly to the incident. If necessary, a bank side Umpire or Race Monitor will stop the race.
13. First Aid Kits and Emergency Equipment are available in the Safety Launches. In addition, First Aid is available from Red Cross personnel at the River Tees Water Centre.
14. If any External Emergency services are called to provide assistance the recognised meeting locations are:-
 - a) Jubilee road bridge on Queen Elizabeth Way (Thornaby Bypass - Preston Farm to Ingleby Barwick) (F)
 - b) New road off Queen Elizabeth Way, opposite Concorde Way (E)
 - c) Former Tees Rowing Club boathouse steps (access via Boathouse Lane) (D)
 - d) Stockton Corporation Slipway (access from Riverside Road) (C)
 - e) River Tees Watersports Centre landing steps (access via Dugdale Street) (A)

CONTACT INFO

Race Control/Secretary	A Puddick	07739 095285	Police (Stockton)	999 or 01642 607114
Safety Adviser	A Puddick	07739 095285	Barrage Control Room	01642 633273
Chair of Race Committee :	LDS	C. Curtis	Hospital	01642 617617
	: SBH	D Jones	Ambulance / Fire	999